

## BOOKS BABIES ENJOY

- Peek-a-Boo! by Janet & Allen Ahlberg
- Hug by Jez Alborough
- Blue Hat, Green Hat by Sandra Boynton
- Finger Rhymes by Marc Brown
- Goodnight Moon by Margaret Wise Brown
- From Head to Toe by Eric Carle
- The Everything Book by Denise Fleming
- Where's Baby's Bellybutton? by Karen Katz
- Pat the Bunny by Dorothy Kunhardt
- The Random House Book of Mother Goose edited by Arnold Lobel
- Baby Faces by Margaret Miller
- Love You Forever by Robert Munsch
- The Baby Goes Beep by Rebecca O'Connell
- All Fall Down by Helen Oxenbury
- First 100 Words by Roger Priddy



There are 100s of excellent books. Choose ones that interest you and your child. Enjoy!

## BOOKS TODDLERS ENJOY



- Ten, Nine, Eight by Molly Bang
- But Not the Hippopotamus by Sandra Boynton
- So Much! by Trish Cooke
- Jamberry by Bruce Degan
- Is Your Mama a Llama? by Deborah Guarino
- Where's Spot? by Eric Hill
- Zoom City by Thacher Hurd
- Rosie's Walk by Pat Hutchins
- Brown Bear, Brown Bear, What Do You See? by Bill Martin
- Good Night, Gorilla by Peggy Rathmann
- One Duck Stuck by Phyllis Root
- Whose Nose? by Jeannette Rowe
- ABC: An Amazing Alphabet Book by Dr. Seuss
- Toddler Two/Dos Años by Anastasia Suen
- Fuzzy Yellow Ducklings by Matthew Van Fleet
- Can You Moo? by David Wojtowycz

### HOW DO FAMILIES GET BOOKS?

At the library, yard sales, and stores. They trade with friends and ask for books as gifts.



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# READ TO YOUR BABY & TODDLER



## IT'S THE MOST IMPORTANT 20 MINUTES OF YOUR DAY



The Children's Reading Foundation

# A WORD TO PARENTS

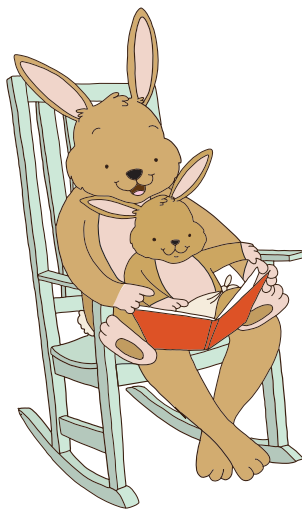
## IT'S NEVER TOO EARLY TO BEGIN READING WITH YOUR CHILD

Every time you read and talk to your little one, you are building a stronger brain for your rapidly growing child and laying the foundation for a lifelong love of reading. Plus, this cozy lap time fosters a nurturing relationship that lays the groundwork for raising a happy, confident child!

Reading aloud to your **baby** promotes bonding, which is essential for healthy emotional development. Your tender voice calms your infant so he/she feels safe and secure. Your baby learns all the sounds and patterns of language just by listening to you.

Reading aloud to your **toddler** develops vocabulary and language skills. Reading together teaches new concepts – like colors and foods – and stimulates your child's imagination and brain development.

Aim to read books 20 minutes a day, for 5 or 10 minutes at a time when your child is interested. Just a few minutes at various times during the day provides your child big benefits!



## READ WITH YOUR BABY

Snuggle with your baby so he can feel and hear your voice.

Hold baby so she can see the pictures and pat the pages. Linger on pages that interest your baby.

Read in a soothing tone that expresses love and security. Slow down and speak clearly.

Give your baby your full attention, when possible. Make eye contact and smile.

## READ WITH YOUR TODDLER

Talk about the simple, colorful pictures in the book. Name and point to objects and colors.

Let your child help choose books, turn the pages, and “read” words.

Change your voice for different characters and emotions. Help your child make the sounds of animals.

Ask “Where is...” questions. Together point to answers in pictures.

Read favorite books again and again.

Relax and enjoy reading together. Be enthusiastic!



## CHOOSING BOOKS

- Playful words and rhythms appeal to young children. Books based on well-known songs and poems, such as *The Wheels on the Bus*, are popular choices.
- Predictable patterns and repeated words delight toddlers. They enjoy chiming in on the familiar phrases.
- Pictures of everyday objects allow children to participate by naming and pointing. Select books with simple, colorful drawings or photographs.
- Board books, made from heavy cardboard with a plastic coating, can withstand rough treatment and be wiped clean.
- Cloth books are soft enough for infants to handle and strong enough to be washed.
- Touch-and-feel books invite hands-on exploration, such as feeling textures and sticking fingers in holes.
- Interactive books or “Busy Books” engage children with flaps or other moving parts, such as zippers. They are best when used with an adult.



Lots more at  
[www.ReadingFoundation.org](http://www.ReadingFoundation.org)